

# *WELLNESS*

## TOURISM PACKAGES

### 2025/2026



*Miss Stophia*



SCAN ME







## **DATUK MANOHARAN PERIASAMY**

Director General,  
Tourism Malaysia

# *Preface*

Welcome to Malaysia—a sanctuary for wellness and rejuvenation! We are thrilled to introduce a curated selection of wellness packages that stand out for their exceptional quality and affordability.

Malaysia is home to a diverse range of wellness experiences designed to enhance your overall well-being. Experience holistic therapies, soothing spa treatments, and time-honoured healing practices, all set in the peaceful embrace of Malaysia's serene natural landscapes.

Wellness in Malaysia offers more than just physical treatments. While you experience the benefits of your wellness journey, take the opportunity to immerse yourself in the vibrant culture of Malaysia. Discover lively markets, tranquil retreats, and historical landmarks that highlight the rich cultural heritage of our nation. Every corner of Malaysia offers a unique story, inviting you to explore, refresh, and rejuvenate.

We are excited to offer this exceptional blend of wellness and culture, and we welcome you to a destination where every visit contributes to a healthier body and a richer life experience.

Let the allure of wellness in Malaysia captivate your mind, body, and spirit!











## Wellness Tourism:

- Travel associated with the pursuit of maintaining or enhancing one's personal wellbeing.

## Types of Wellness Travelers:

- **Primary wellness traveler:** A traveler whose trip or destination choice is primarily motivated by wellness.
- **Secondary wellness traveler:** A traveler who seeks to maintain wellness while traveling or participates in wellness experiences while taking any type of trip for leisure or business.

Source: Global Wellness Institute

## Urutan Malaysia:

- *Urutan* Malaysia aims to rejuvenate, refresh and relax, as well as instilling Malaysian holistic wellness experience.
- Combination of finest elements from Malay and various indigenous massage techniques; **Malaysian Herbal Foot Soak, Chinese Qi Gong Breathing, Indian Head Massage and Reflexology.**



## WELLNESS TOURISM PACKAGES



FROM  
**USD 260 nett**  
FROM  
**RM 1,056 nett**  
(FOR 2 PAXS)

**Package Includes****1. Activities:**

- Welcoming Herbal Tea & Cold Towel
- Aroma Steam Bath
- Rose Petals Body Polish/Scrub
- Hot shower
- Followed by Irama Syurga Therapy Massage with Ginger Oil
- End session with Signature tea & refreshment

(Total duration: 120 minutes)

**Spa Package 2**  
- Bunga Rampai Package

**Package Includes****1. Activities:**

- Welcoming Herbal Tea & Cold Towel
- Kaffir Foot Rituals
- Fruity Body Scrub
- Silky Milk Body Wrap
- Malay Traditional "Telaga" Flower Bath (Mandi Bersiram)
- Followed by Signature Sedap Malam Massage with Virgin Coconut Hot Oil
- Ending rituals with refreshing hot towels
- And lastly with Signature tea & refreshment

(Total duration: 145 minutes)

**Spa Package 1**  
- Bunga Cempaka Sari Package

**Package Includes****1. Activities:**

- Welcoming Herbal Tea & Cold Towel
- Signature Sedap Malam Massage with Virgin Coconut Hot Oil
- Silky Flower Milk Bath (Bath Tub) or Jacuzzi
- End with Signature tea & refreshment

(Total duration: 100 minutes)

**TELAGA BUNGA SPA BY D&D BEAUTY HOUSE**

Royale Chulan Hotel Kuala Lumpur,  
Level 2, Royale Chulan Hotel Kuala Lumpur,  
5, Jalan Conlay,  
50450, Wilayah Persekutuan Kuala Lumpur.

**EMAIL:** ddroyalechulankl@gmail.com /  
dndbeautyhouse@gmail.com  
**Tel. No.:** +603 2688 9581/ 582  
**Whatsapp:** +6019 288 8951

FROM  
**USD 460 nett**  
FROM  
**RM 1,989 nett**  
(FOR 2 PAXS)

**Package Validity:** 31<sup>st</sup> December 2026

## WELLNESS TOURISM PACKAGES

FROM  
**USD 55 nett**

FROM  
**RM 248 nett**  
(PER TREATMENT)

### BODY SCRUBS (30-minute treatment)

- Apple Green Tea Polisher  
– for all skin types & sensitive skin
- Ginger Lemon Cleanser  
– for oily skin
- Kieffer Lime Refresher  
– for normal & oily skin
- Turmeric Honey Cleanser  
– for all skin types

### BODY CONDITIONERS (30-minute treatment)

- Aloe Lavender Healer  
– for all skin types & sensitive skin
- Chrysanthemum Enhancer  
– for all skin types
- Honey Avocado Healer  
– for all skin types
- Kieffer Lime Mask  
– for all skin types

FROM  
**USD 55 nett**

FROM  
**RM 248 nett**  
(PER TREATMENT)

FROM  
**USD 55 nett**

FROM  
**RM 248 nett**  
(PER TREATMENT)

### CALMING BATHS (30-minute treatment)

- Detoxing Bath
- Purifying Bath
- Relaxing Bath
- Rejuvenating Bath



### FUSION FOCUS

**30-minute  
treatment  
(USD 68 nett/  
RM 308 nett)**

**45-minute  
treatment  
(USD 82 nett/  
RM 368 nett)**

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments.

- Back Reviver  
– for backaches
- Foot Release  
– for worn muscles from the heel to the tips of the toes
- Hand Relax  
– for arms, hands and fingers area
- Head & Shoulders Reliever  
– for stress and headaches

FROM  
**USD 68 -  
USD 111 nett**

FROM  
**RM 308 -  
RM 498 nett**  
(PER TREATMENT)

### FACIALS

#### 1. Express – 30-minute treatment (USD 68 nett/RM 308 nett)

- Cleansing, Scrub, Mask, Moisturise
- OR
- Cleansing, Massage, Mask, Moisturise
- OR
- Cleansing, Scrub, Massage, Moisturise

#### 2. 60-minute treatment (USD 95 nett/RM 428 nett)

- Absolute Purifier  
– for combination/oily skin
- Age-Defying Firming Treat  
– for all skin types
- Hydrating Glow  
– for dry/normal skin
- Radiant Soother  
– for sensitive skin

#### 3. Banyan Facial – 60-minute treatment (USD 104 nett/RM 468 nett)

- For all skin types
- A signature facial recipe which includes a purifying scrub and a hydrating mask

#### 4. Triple Rose Intensive – 75-minute treatment (USD 111 nett/RM 498 nett)

- For matured skin & devitalised skin types

Package Validity: 31<sup>st</sup> December 2026

WELLNESS  
TOURISM PACKAGES  
2025/2026



## WELLNESS TOURISM PACKAGES

FROM  
**USD 95 -  
USD 124 nett**

FROM  
**RM 428 -  
RM 558 nett**

**FULL BODY  
MASSAGES**

**60-minute  
treatment  
(USD 95 nett/  
RM 428 nett)**

**90-minute  
treatment  
(USD 124 nett/  
RM 558 nett)**

Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

- Deep Tissue
  - medium to strong deep pressure massage
- Gentle Touch
  - soft to medium massage

**TAILORED  
FOR YOUR  
SENSES**

**90-minute  
treatment  
(USD 137 nett/  
RM 618 nett)**

**120-minute  
treatment  
(USD 164 nett/  
RM 738 nett)**

**150-minute  
treatment  
(USD 191 nett/  
RM 858 nett)**

FROM  
**USD 137 -  
USD 191 nett**  
FROM  
**RM 618 -  
RM 858 nett**

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

**BANYAN  
SIGNATURES  
(180-minute  
treatment)**

**1. Royal Banyan  
(USD 244 nett/RM 1,098 nett)**

- Coriander Cucumber Cleanser
- Royal Banyan Herbal Pouch Massage
- Jade Face Massage
- Therapeutic Herbal Bath

**2. Sense of Place  
– Malaysian Bliss  
(USD 244 nett/RM 1,098 nett)**

- Turmeric Honey Cleanser
- Nusantara Massage
- Goat Milk Face Mask
- Scalp Massage
- Jasmine Green Tea Bath

FROM  
**USD 244 nett**  
FROM  
**RM 1,098 nett**  
(PER TREATMENT)

**BANYAN TREE SPA KUALA LUMPUR**

2, Jalan Conlay,  
50450, Wilayah Persekutuan Kuala Lumpur.

**EMAIL:** Michael.Shui@banyantree.com  
**Tel. No.:** +603 2113 1888 / +6016 200 8233  
**Contact Person:** Mr Michael Shui

**Package Validity:** 31<sup>st</sup> December 2026

# WELLNESS TOURISM PACKAGES



FROM  
**USD 200 -  
USD 270 nett**  
FROM  
**RM 900 -  
RM 1,200 nett**

FROM  
**USD 250 -  
USD 330 nett**  
FROM  
**RM 1,145 -  
RM 1,473 nett**

## 3D 2N WELLNESS PACKAGES

- 1. Tailored for group bookings (min. 20 people)**
- 2. Deluxe Room Pricing**
  - Single Occupancy:  
USD 270 nett/  
RM 1,200 nett per pax
  - Twin Occupancy:  
USD 200 nett/RM 900 nett per pax
- 3. Meal:**
  - Dinner at Charcoal Restaurant
- 4. Activities and services**
  - 2-hour yoga session with instructor
  - Driving range including 100 balls, golf stick rental and instructor fees

## THE SAUJANA HOTEL

Saujana Resort,  
Jalan Lapangan Terbang SAAS,  
40150 Shah Alam, Selangor.

**EMAIL:** info@thesaujana.com  
**Booking at:** reservations@thesaujana.com  
**Tel. No.:** +603 7843 1234  
**Website:** www.saujanahotels.com

## 2D 1N EXCLUSIVE WELLNESS PACKAGES

### A. Relaxing Massage Package

- 1. Deluxe Room (USD 250 nett/RM 1,145 nett)**
  - 1-night stay with breakfast for two
  - 90-minute body massage for two
  - Set dinner at Charcoal
- 2. Executive Deluxe Room (USD 265 nett/RM 1,180 nett)**
  - 1-night stay with breakfast for two
  - 90-minute body massage for two
  - Set dinner at Charcoal
- 3. Club Room (USD 295 nett/RM 1,315 nett)**
  - 1-night stay with breakfast for two
  - 90-minute body massage for two
  - Set dinner at Senja
  - Club privileges and complimentary evening cocktails at The Lounge

### B. Stay & Relax Package

- 1. Deluxe Room (USD 290 nett/RM 1,303 nett)**
  - 1-night stay with breakfast for two
  - 60-minute Relaxing Body Massage for two
  - 60-minute Multi-Mask Relaxing Facial for two
  - Set dinner at Charcoal
- 2. Executive Deluxe Room (USD 300 nett/RM 1,338 nett)**
  - 1-night stay with breakfast for two
  - 60-minute Relaxing Body Massage for two
  - 60-minute Multi-Mask Relaxing Facial for two
  - Set dinner at Charcoal
- 3. Club Room (USD 330 nett/RM 1,473 nett)**
  - 1-night stay with breakfast for two
  - 60-minute Relaxing Body Massage for two
  - 60-minute Multi-Mask Relaxing Facial for two
  - Set dinner at Senja
  - Club privileges and complimentary evening cocktails at The Lounge



Package Validity: 31<sup>st</sup> December 2026

WELLNESS  
TOURISM PACKAGES  
2025/2026

## WELLNESS TOURISM PACKAGES



FROM  
**USD 400 ++**

FROM  
**RM 1,588 ++**

## 2D 1N EXPLORE PENANG WITH HEALING

### Package Includes

- 1. Accommodation:**
  - Boulder Valley Glamping
- 2. Transportation:**
  - MPV or Van
- 3. Meals:**
  - 1 Breakfast
  - 1 Lunch
  - 1 Dinner
- 4. Activities:**
  - Tropical Fruit Farm, Teluk Bahang
  - Boulder Valley Glamping (swimming, forest bathing, trekking)
- 5. Others:**
  - Tropical Fruit Farm entrance

## 3D 2N WHOLISTIC WELLNESS RETREAT @ ORIENTAL PEARL ISLAND

FROM  
**USD 600 ++**

FROM  
**RM 2,488 ++**

### Package Includes

- 1. Accommodation:**
  - Boulder Valley Glamping or Cititel Penang or St Giles Wembley
- 2. Transportation:**
  - MPV or Van
- 3. Meals:**
  - 2 Breakfast
- 4. Activities:**
  - Craft Batik
  - Tropical Fruit Farm
  - Penang Hill
  - The Habitat
  - Penang local street food
  - Gurney Plaza or Gurney Paragon Mall
  - Penang Botanical Garden
  - Teratak Spa (Malaysia Traditional Massage)
- 5. Others:**
  - Tropical Fruit Farm entrance
  - Penang Hill Funicular & The Habitat entrance

## CS YEAP TRAVEL & TOURS (KPK/LN 5721)


18, Lebuhr Binjai 3,  
Taman Sri Rambai,  
14000 Bukit Mertajam,  
Pulau Pinang.

**EMAIL:** csyeap\_tt@yahoo.com  
**Tel. No.:** +6019 449 7692 / +6013 435 5582  
**Contact Person:** Ms. Yeap Li Boon

**Package Validity:** 31<sup>st</sup> December 2026



## WELLNESS TOURISM PACKAGES



### 3D 2N MENTAL HEALTH REVITALIZATION RETREAT @ BOULDER VALLEY, PENANG

★ FROM ★  
**USD 6,287 ++**  
PER GROUP (10 PAX)  
★ FROM ★  
**RM 30,040 ++**  
PER GROUP (10 PAX)  
★

#### VAGABOND RENT A CAR & TOURS SDN BHD (KPK/LN 7134)

97-2-9 The Palazzia,  
Jalan Bukit Gambir,  
11700 Pulau Pinang.

**EMAIL:** penanghiddengems@gmail.com  
**Tel. No.:** +6017 340 9019

#### Package Includes

##### 1. Transportation:

- Air-conditioned vehicle

##### 2. Meals:

- Included as per itinerary

##### 3. Activities:

- Ritual circle with Massage Ball and Massage Oil
- Sound Bath with Crystal Bowl Sound Healing
- Morning Tai Chi
- Forest Experience (Forest Bathing or Guided Nature Walk)
- Art Therapy options: Dot Mandala, Tangle Art, Soul Art
- Afternoon Tea/Wellness Talk
- Campfire with Fire Dance or Stargazing
- Breathing Exercise
- Personal Healing Session 2 (Various Healing Options)
- Lunch with High Vibrational Food Demo

##### 4. Others:

- Experienced driver
- Private transfer from airport (return trip)
- Fuel

#### Package Excludes

- Transfer
- Airfare
- Accommodation
- Driver tipping
- Entrance fees for additional sessions

**Package Validity:** 31<sup>st</sup> December 2026





## WELLNESS TOURISM PACKAGES



### 3D 2N REGENERATION GETAWAY @ GUA KELAM, PERLIS

✦ FROM  
**USD 6,212 ++**  
PER GROUP (10 PAX)

✦ FROM  
**RM 29,680 ++**  
PER GROUP (10 PAX)  
✦

#### VAGABOND RENT A CAR & TOURS SDN BHD (KPK/LN 7134)

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Jalan Bukit Gambir,  
11700 Pulau Pinang.

**EMAIL:** penanghiddengems@gmail.com  
**Tel. No.:** +6017 340 9019

#### Package Includes

##### 1. Transportation:

- Air-conditioned vehicle

##### 2. Meals:

- Included as per itinerary

##### 3. Activities:

- Ritual circle with Massage Ball and Massage Oil
- Sound Bath with Crystal Bowl Sound Healing
- Morning Tai Chi
- Forest Experience (Forest Bathing or Guided Nature Walk)
- Art Therapy options: Dot Mandala, Tangle Art, Soul Art
- Afternoon Tea/Wellness Talk
- Campfire with Fire Dance or Stargazing
- Breathing Exercise
- Personal Healing Session 2 (Various Healing Options)
- Lunch with High Vibrational Food Demo

##### 4. Others:

- Experienced driver
- Private transfer from airport (return trip)
- Fuel

#### Package Excludes

- Transfer
- Airfare
- Accommodation
- Driver tipping
- Entrance fees for additional sessions

**Package Validity:** 31<sup>st</sup> December 2026





## WELLNESS TOURISM PACKAGES

FROM  
**USD 300 ++**  
FROM  
**RM 1,088 ++**

### 2D 1N EXPLORE PERLIS WITH JOYS

#### Package Includes

- 1. Accommodation:**
  - Taman Rimba Chalet or Gua Kelam Chalet
- 2. Transportation:**
  - MPV or Van
- 3. Meals:**
  - 1 Breakfast, 1 Lunch
- 4. Activities:**
  - Gua Kelam
  - Kampung Warna Warni Perlis
  - Kuala Perlis Seafood
  - Taman Rimba Perlis (Foot Massage with traditional Malay herbs)
  - Timah Tasoh
  - Padang Besar Arked

FROM  
**USD 400 ++**  
FROM  
**RM 1,388 ++**

### 3D 2N HEALING PACKAGES

#### Package Includes

- 1. Accommodation:**
  - Taman Rimba Chalet or Gua Kelam Chalet or Tasoh Lake Resort
- 2. Transportation:**
  - MPV or Van
- 3. Meals:**
  - 2 Breakfast
- 4. Activities:**
  - Taman Ular
  - Exotic Fruit Farm
  - Taman Rimba (Foot Massage)
  - Wang Kelian View Point
  - Gua Kelam
  - Tasoh Lake
  - Kuala Perlis Seafood
  - Padang Besar Arked
  - Super Fruit Valley
  - Kangar street art

FROM  
**USD 400 ++**  
FROM  
**RM 1,388 ++**

### 3D 2N ENJOY THE CHARM OF PERLIS

#### Package Includes

- 1. Accommodation:**
  - Taman Rimba Chalet or Gua Kelam Chalet or Tasoh Lake Resort
- 2. Transportation:**
  - MPV or Van
- 3. Meals:**
  - 2 Breakfast
- 4. Activities:**
  - Taman Ular
  - Exotic Fruit Farm
  - Taman Rimba Perlis
  - Wang Kelian View Point
  - Gua Kelam
  - Kampung Warna Warni Perlis
  - Kuala Perlis Seafood
  - Padang Besar Arked
  - Kangar street art

FROM  
**USD 500 ++**  
FROM  
**RM 2,088 ++**

### 3D 2N RETREAT YOURSELF WITH FOREST BATH @ INDERA KAYANGAN

#### Package Includes

- 1. Accommodation:**
  - Taman Rimba Chalet or Gua Kelam Chalet or Tasoh Lake Resort
- 2. Transportation:**
  - MPV or Van
- 3. Meals:**
  - 2 Breakfast, 2 Lunch, 2 Dinner
- 4. Activities:**
  - Taman Ular
  - Exotic Fruit Farm
  - Taman Rimba (Foot Massage)
  - Wang Kelian View Point
  - Gua Kelam
  - Tasoh Lake
  - Padang Besar Arked
  - Kangar street art
- 5. Others:**
  - Exotic Fruit Farm entrance
  - Gua Kelam entrance
  - Taman Ular entrance
  - Taman Rimba entrance

### CS YEAP TRAVEL & TOURS (KPK/LN 5721)

18, Lebuhr Binjai 3,  
Taman Sri Rambai,  
14000 Bukit Mertajam,  
Pulau Pinang.

**EMAIL:** csyeap\_tt@yahoo.com  
**Tel. No.:** +6019 449 7692 / +6013 435 5582  
**Contact Person:** Ms. Yeap Li Boon

## WELLNESS TOURISM PACKAGES


**CS YEAP TRAVEL & TOURS**  
 (KPK/LN 5721)

18, Lebuah Binjai 3,  
Taman Sri Rambai,  
14000 Bukit Mertajam,  
Pulau Pinang.

**EMAIL:** csyeap\_tt@yahoo.com  
**Tel. No.:** +6019 449 7692 / +6013 435 5582  
**Contact Person:** Ms. Yeap Li Boon

**3D 2N  
RELAXATION  
@ PERAK  
& PENANG**

FROM  
**USD 450 ++**  
 FROM  
**RM 1,888 ++**

**Package Includes**
**1. Accommodation:**

- 3-star or 4-star hotel

**2. Transportation:**

- MPV or Van

**3. Meals:**

- 2 Breakfast

**4. Activities:**

- Kuala Sepetang Charcoal Factory
- Joss Stick Factory
- Taiping Coffee Factory
- Taiping Lake Garden
- Tai Chi
- Taiping Food Court
- Kimberly Street
- Batu Ferringhi Beach



**Package Validity:** 31<sup>st</sup> December 2026

## WELLNESS TOURISM PACKAGES



**3D 2N REST,  
RELAX AND  
REVITALIZE  
@ NOVOTEL  
TAIPING,  
PERAK**

★ FROM ★  
**USD 5,659 ++**  
PER GROUP (10 PAX)  
★ FROM ★  
**RM 27,040 ++**  
PER GROUP (10 PAX)  
★

**Package Includes****1. Transportation:**

- Air-conditioned vehicle

**2. Meals:**

- Included as per itinerary

**3. Activities:**

- Ritual circle with Massage Ball and Massage Oil
- Sound Bath with Crystal Bowl Sound Healing
- Morning Tai Chi
- Forest Experience (Forest Bathing or Guided Nature Walk)
- Art Therapy options: Dot Mandala, Tangle Art, Soul Art
- Afternoon Tea/Wellness Talk
- Campfire with Fire Dance or Stargazing
- Breathing Exercise
- Personal Healing Session 2 (Various Healing Options)
- Lunch with High Vibrational Food Demo

**4. Others:**

- Experienced driver
- Private transfer from airport (return trip)
- Fuel

**Package Excludes**

- Transfer
- Airfare
- Accommodation
- Driver tipping
- Entrance fees for additional sessions

**VAGABOND RENT A CAR & TOURS SDN BHD**  
(KPK/LN 7134)

97-2-9 The Palazzia,  
Jalan Bukit Gambir,  
11700 Pulau Pinang.

**EMAIL:** penanghiddengems@gmail.com  
**Tel. No.:** +6017 340 9019

**Package Validity:** 31<sup>st</sup> December 2026





## WELLNESS TOURISM PACKAGES



**2D 1N  
STAY & RELAX  
AT PATIN FISH  
TOWN (BANDAR  
IKAN PATIN -  
TEMERLOH)**

FROM  
**USD 104.20** ++  
FROM  
**RM 460** ++

**Package Includes**

- 1. Accommodation:**
  - Hotel Jelai Temerloh
- 2. Meal:**
  - Breakfast
- 3. Activities:**
  - Spa Treatment (90-minute Urutan Malaysia, Body Scrub and Body Mask)

**Package Excludes**

- Transportation
- Day tour
- River cruise
- Local market tour
- Culinary experience – Patin Tempoyak

**CASA REFLEXOLOGY**  
 (SSM: CT0095840-W)

C-62, Jalan Dato Ngau Ken Lock,  
28000 Temerloh,  
Pahang.

**EMAIL:** o.irene@ymail.com /  
casarefleksologi2015@gmail.com  
**Tel. No.:** +6013 398 9141 / +6011 3131 1933  
**Contact Person:** Ms Irene Ong  
**Instagram:** casarefleksologi  
**Facebook:** Casa Refleksologi



**Package Validity:** 31 December 2026

# WELLNESS TOURISM PACKAGES

FROM  
**USD 486 ++**  
(MIN. 2 PAX)

FROM  
**RM 1,945 ++**  
(MIN. 2 PAX)

## Package Includes

### 1. Accommodation:

- 1-night stay at Kinabalu Pine Resort or Sabah Tea Garden Resort or similar in Kundasang
- 2-night stay at selected hotel in Kota Kinabalu
  - a. Cititel Express Hotel – 3-star
  - b. Promenade Hotel – 4-star
  - c. Hyatt Centric Hotel or Hyatt Regency Kinabalu – 5-star

### 2. Transportation:

- Bus with air-conditioner

### 3. Meals:

- 3 Breakfast
- 3 Lunch
- 1 Dinner

### 4. Activities:

- Kinabalu Park (fruit stalls and handicraft centre)
- Poring Hot Spring (canopy walk, sightseeing, hot spring bath)
- Fish spa Marakao (fish spa experience)
- Desa Cattle Dairy Farm, Alpaca Farm (sightseeing)
- Sabah State Mosque, handicraft or Filipino market, Sabah State Museum & Heritage Village, Toh Tze Buddhist Temple, Wisma Tun Mustapha (City Tour)
- Imago Shopping Centre (shopping)
- Jari Jari Spa (the Dusun Inan Massage, the Karayam Foot Spa session)

### 5. Others:

- English/Malay/Mandarin/Cantonese /Japanese speaking guide
- Special Interested Specialist Guide: Bird Watching/Adventure (rafting, mountain biking, mountain climbing)

## Package Excludes

- Meals not stated
- Airfare
- Guide tips
- Travel insurance

FROM  
**USD 636 ++**  
(MIN. 2 PAX)

FROM  
**RM 2,545 ++**  
(MIN. 2 PAX)

## 4D 3N SENSATIONAL WELLNESS AND REJUVENATION PACKAGE

## Package Includes

### 1. Accommodation:

- 1-night stay at Naluyan Jungle Lodge or similar
- 2-night stay at selected hotel in Kota Kinabalu
  - a. Cititel Express Hotel – 3-star
  - b. Promenade Hotel – 4-star
  - c. Hyatt Centric Hotel or Hyatt Regency Kinabalu – 5-star

### 2. Transportation:

- Bus with air-conditioner

### 3. Meals:

- 3 Breakfast
- 3 Lunch
- 1 Dinner

### 4. Activities:

- Yit Foh Coffee Factory (sightseeing)
- The Duo, Tindian Apin Apin (Chi Qong breathing, Indian Head Massage, Malaysian Herbal Foot Soak, Urutan Malaysia massage session)
- Sabah State Mosque, handicraft or Filipino market, Sabah State Museum & Heritage Village, Toh Tze Buddhist Temple, Wisma Tun Mustapha (City Tour)
- Imago Shopping Centre (shopping)
- Jari Jari Spa (the Karayam Foot Spa session)

### 5. Others:

- English/Malay/Mandarin/Cantonese /Japanese speaking guide
- Special Interest Specialist Guide: Bird Watching/Adventure (rafting, mountain biking, mountain climbing)

## Package Excludes

- Meals not stated
- Airfare
- Guide tips
- Travel insurance

## SENSATIONAL HOLIDAYS (BORNEO) SDN BHD (KPK/LN 4916)

Shop 37, 2<sup>nd</sup> Floor, Block D, Damai Plaza, Phase 4, Lorong Kayu Manis 1, 88300 Kota Kinabalu, Sabah.

**EMAIL:** sensationalholidays@gmail.com

**Tel. No.:** +6019 850 7892 / +6012 833 6989

**Contact Person:** Ms. Christina Kong / Ms. Yeng



## WELLNESS TOURISM PACKAGES


**4D 3N  
KOTA KINABALU  
BUNGARAYA  
ISLAND RESORT  
WELLNESS &  
SPA PACKAGE**

★ FROM  
**USD 699 ++**  
(MIN. 2 PAX)

★ FROM  
**RM 3,200 ++**  
(MIN. 2 PAX)  
★

**Package Includes****1. Accommodation:**

- 1-night stay at Horizon Hotel
- 2-night stay at Bungaraya Island Resort (Superior Villa)

**2. Transportation:**

- Return airport transfer
- Return boat transfers

**3. Meals:**

- 1 breakfast at Horizon Hotel
- 2 breakfast at Bungaraya Island Resort

**4. Activities:**

- Jari Jari Spa (1 x Dusun Lotud Spa Massage)
- 1 x Bamboo Spa Massage (advance booking required)

**DISCOVERY TOURS (SABAH) SDN BHD**  
(KPK/LN 1200)

Lot G.22, Ground Floor, Wisma Sabah,  
Jalan Tun Fuad Stephen,  
88100 Kota Kinabalu,  
Sabah.

**EMAIL:** inbound@discoverytours.com.my

**Tel. No.:** +6016 833 7388 / 088 210097

**Contact Person:** Ms. Donna Koh



**Package Validity:** 31<sup>st</sup> December 2026

## WELLNESS TOURISM PACKAGES


**4D 3N  
ELITE  
BACHELORETTE  
TRIP**

★ FROM  
**USD 890 ++**  
(MIN. 4 PAX)

★ FROM  
**RM 4,199 ++**  
(MIN. 4 PAX)  
★

**Package Includes**
**1. Accommodation:**

- 1-night stay at Sutera Sanctuary Kundasang
- 2-night stay at Shangri-La Tanjung Aru Resort, Kota Kinabalu

**2. Transportation**
**3. Meals**
**4. Activities:**

- Taralamas River Canyon (hiking/jungle trail)
- Spa Treatment (Borneo Massage)
- Poring Hot Spring (hot spring bath)
- Desa Cattle Dairy Farm (sightseeing)

**5. Others:**

- Entrance fee
- Licensed tour guide
- Special gift

**Package Excludes**

- Airfare
- Insurance
- Personal expenses

**GLOBAL LEPA CAR RENTAL &  
TOURS SDN BHD (KPK/LN 8753)**

Block B, First Floor, Jalan Lintas,  
Jalan Suak Batu, Kepayan Perdana  
Commercial Centre,  
88100 Kota Kinabalu, Sabah.

**EMAIL:** [emymelisa@globallepa.com](mailto:emymelisa@globallepa.com)

**Tel. No.:** +6012 642 0137

**Contact Person:** Ms. Emy Melisa Mansor



**Package Validity:** 31<sup>st</sup> December 2026

## WELLNESS TOURISM PACKAGES

3D 2N  
BE WELL  
VACATION

FROM  
**USD 1,111.54 ++**  
FROM  
**RM 4,999 ++**

**NURNIELAMSARI TRAVEL SDN BHD**  
(KPK/LN 5997)

Najib Jaya Holdings,  
Lot 2 of Nt 103026848,  
Mile 1.5, Jalan Damai,  
91000 Tawau,  
Sabah.

**EMAIL:** nstravelntsb@gmail.com  
**Tel. No.:** +6011 3374 1470 / 089 773909  
**Contact Person:** Ms. Nurmila Nul Hussin

**Package Includes**

- 1. Accommodation:**
  - Promenade Hotel, Kota Kinabalu
- 2. Transportation:**
  - Return flight inbound (KUL-BKI-KUL)
  - Airport transfer
- 3. Meals:**
  - Breakfast
  - Lunch
  - Dinner
- 4. Activities:**
  - North Borneo Cruise (dinner cruise)
  - Spa treatment at Jari Jari Spa (Urutan Malaysia, Oil Free Body Therapy, Borneo Dusun Hot Stone Treatment, Borneo Ethnic Signature Massage – Dusun Inan, Palad)
  - Mari Mari Cultural Village (cultural experience)
  - Bongawan Wildlife River Cruise (sightseeing)
  - Sky Mirror Beach (sightseeing)
  - Sabah Floating Mosque, Puh Toh Tze Temple, Yayasan Sabah Building (City Tour)
- 5. Others:**
  - Travel insurance
  - English-speaking tour guide

**Package Excludes**

- Airfare outbound
- Personal expenses
- Any items not mentioned above

**Package Validity:** 31<sup>st</sup> December 2026





## WELLNESS TOURISM PACKAGES

### 5D 4N KOTA KINABALU & KUNDASANG WELLNESS TOUR PACKAGE

★ FROM  
**USD 1,163** ★★  
(MIN. 10 PEOPLE)

★ FROM  
**RM 4,650** ★★  
(MIN. 10 PEOPLE)

#### Package Includes

##### 1. Accommodation:

- 2-night stay at selected hotel in Kota Kinabalu
  - a. Shangri-La's Tanjung Aru Resort (Tanjung Seaview) – 5-star
  - b. The Magellan Sutura Resort (Deluxe Seaview) – 5-star
  - c. The Pacific Sutura Hotel (Deluxe Seaview) – 5-star
  - d. Le Meridien Hotel (Vista Seaview) – 5-star
  - e. Grandis Hotels & Resorts (Deluxe) – 4-star
  - f. Horizon Hotel (Deluxe Seaview) – 4-star
  - g. Promenade Hotel (Deluxe Seaview) – 4-star

- 2-night stay at H Benjamin Residence or similar in Kundasang (Standard Room)

##### 2. Transportation:

- All land and boat transfers as per itinerary

##### 3. Meals:

- 4 Breakfast
- 4 Lunch
- 4 Dinner

##### 4. Activities:

- Tanjung Aru Beach (yoga session with Teacher Tanty Zeliana Zaki)
- StoneAgeSpa & Cultural Park (sightseeing)
- Signal Hill Eco Farm (cooking class)
- Jari Jari Spa (optional spa treatment)
- Kinabalu Park (sightseeing)
- Kundasang War Memorial and Gardens (sightseeing)
- Sharing session on Deepening Connection between Mental, Emotion and Body with Simple Daily NLP Techniques by Dr Sivakumar Kumaresan
- Poring Hot Spring (Wellness Immersion Experience by Grandmaster Jes Lim, personal time hot spring bath), canopy walkway (trekking)
- Morning Fragrant Qigong by Grandmaster Jes Lim



##### 5. Others:

- Entrance fee
- English/Malay/Chinese speaking guide

#### Package Includes

- Return airfare
- Travel insurance
- Tourism tax (for international guests)
- Tipping
- Items not mentioned above

### MASENANG TOURS & TRAVEL SDN BHD (KPK/LN 3176)

3-G-17, Ground Floor, Lorong Api-Api 2,  
Api-Api Centre,  
88000 Kota Kinabalu, Sabah.

**EMAIL:** [mtours@masenangtravel.com.my](mailto:mtours@masenangtravel.com.my)

**Tel. No.:** +6016 847 6385

**Contact Person:** Ms. Felicia Stino

**Package Validity:** 31<sup>st</sup> December 2026







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